DISTRICT 7170

CONFERENCE

27th ANNUAL ROTARY YOUTH LEADERSHIP CONFERENCE

SUNDAY JUNE 28, 2009 to FRIDAY JULY 3, 2009

> HARTWICK COLLEGE ONEONTA, NEW YORK

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District 7170 RYLA

Dear Rotary Club President/Club Chairperson:

The time is upon us to give attention to RYLA 2009. You and your club committee are the key to the entire operation. Your help in motivating and involving your club in interviewing and selecting your conferees is of critical importance. Our district-wide goal is 100 conferees, slightly more than two per club.

Your District Committee began planning last July and has been working diligently to provide a quality youth program. We now must pass the action to you and are prepared to provide a meaningful training experience for youth leaders in your community. This RYLA Handbook has been prepared to assist you.

RYLA serves also as an excellent public relations opportunity for your club. Also, those Rotarians in your club who become involved, derive intense personal satisfaction and a feeling of real accomplishment within the local community.

Club responsibilities are listed on page 6 and 7. Please review them carefully. Please try to make sure that the deadlines are met. We are unable to extend deadlines thus this material is reaching you early. Items 1 and 2 on page 6 are urgently needed, if not already completed.

We must communicate. Please be responsive to letters, telephone calls, and deadlines. Should you encounter any difficulties or desire any assistance from the District's Committee, feel free to contact us (see page 2).

With your help, we will again achieve a truly meaningful program that renders an invaluable service to the young people in our communities.

Let's start now for RYLA 2009! Our 27th Year!!!

Sincerely,

Julie Lambiaso RYLA Program Director

2008-2009 RYLA Committee

Julie Lambiaso (RYLA Director) 5 Walling Blvd Oneonta, NY 13820 Phone 607 432 6885 Rod Sutton (RYLA Chairperson) 813 Ives Settlement Road Bainbridge, NY 13733 607 895 6388 (H) 607 335 1362 (W)

David V. Reynolds Past District Governor http://www.rotarydistrict7170.org

Craig Lawson (District RYLA Treasurer) 19 Summit Street Norwich, NY 13815 607 336 7824 (H) 607 335 6298 (W)

Lana Rouff District Governor http://www.rotarydistrict7170.org Mark Kriebel Past District Governor http://www.rotarydistrict7170.org

Selean Koury District Governor Elect http://www.rotarydistrict7170.org

John Mirabito Mang Group 39 45 Main Street Sidney, NY 13838 607 561 2600 (W) 607 563-3343 (H)

Michelle Shirkey Greenlawn Elementary School Bainbridge, NY 13733 607 967 6328 (W) Frank "Pete" Hempstead 3647 St. Hwy. 8 Deposit, NY 13754 607 467 2905 hempent@echoes.net

Jim High, Past District Governor . 22 Delaware Ave. Cooperstown, NY 13326 607 547 9825 (H) 607 437 0570 (cell)

DISTRICT RYLA WORKSHOP FOR CLUB CHAIRPERSONS

AGENDA

- 6:30 Introductions
- 6:45 Roles of District and Club Committees, Suggested Timetables, Paperwork
- 7:00 How to Select Conferees
- 7:15 Professional Staff Conference Schedule of Activities, Techniques

7:30 Questions, Answers, Comments

| RESPONSIBILITIES OF | LOCAL ROTARY CLUB |
|--|--|
| SUGGESTED TIMETABLE | ACTION |
| If not yet reported to District Committee, please do so immediately. | Appoint your RYLA Chairperson and send in name address and phone number to RYLA District Chairperson: |
| | Rod Sutton 813 Ives Settlement Road Bainbridge, NY 13733 ph# 607-335 1362 |
| If not yet submitted, please do so immedi- ately (by March 12). | Determine number of conferees your club will sponsor. Send RYLA Conference Reservation Form (page 8) and a check for \$350.00 per conferee to: Craig Lawson (District Treasurer) 19 Summit Street Norwich, NY 13815 607 336 7824 (H) 607 335 6298 (W) |
| February 2 March 11 | Please make checks payable to "RYLA Conference". Promote the Conference to qualified area students through: a. High Schools public & private b. Area Youth Organizations c. Rotary sons, daughters and friends |
| by March 23 | Interview all candidates and select your conferees. Also select some alter- nates on a standby basis. See that applications (page 14) are filled out by conferees, submitted with completed Release of Liability (pages 15, 16) the Conferee Commitment form(page 17) and Medical Report with Parental Authorization (pages 19, 20, 21). |

| April 14 | Send applications (page 14), Medical Forms (pages 19,20,21), and Release of Liability Form (pages 15, 16 and Conferee Commitment Form (page 17 to:: Julie Lambiaso 5 Walling Blvd Oneonta, NY 13820 |
|-------------|--|
| June 28 | Arrange for your conferees to attend RYLA con- ference - be sure all have times and dates and transportation |
| June 28 | Plan for Rotarians and guests to attend the Rotary Night dinner on Friday, Juty 3rd at 5:15 in the Agora at Hartwick College. Consider host- ing parents and school officials. Cost of dinner is \$15.00 for guests. Students' meals included in conference. Arrange for conferees' trip back home after the dinner program. |
| July/August | Have conferees attend club meeting to report on RYLA experience and to provide feedback and criticism to the district chairman to improve the RYLA program. |

RYLA CONFERENCE RESERVATION

The Rotary Club of ______ wishes to reserve space for _____ students at the District's Rotary Youth Leaders Conference in June 2009 at Hartwick College, Oneonta, NY.

We are enclosing a check for \$ ______ * to cover the fees at \$350.00 per participant. Clubs which cannot pay \$350.00 per student at this time must enclose a \$50.00 non refundable deposit per student in order to guarantee the number of reservations desired. The balance should be forwarded as soon as possible, but no later than March 12, 2009. RYLA has been at maximum enrollment for the past ten years.

Reservations received after March 12, 2009 cannot be guaranteed.

President or Club RYLA Chairperson

(Street Address)

(City) (Zip Code)

(date)

(Home Phone) (Business Phone)

*Please make check payable to "RYLA Conference" and mail it to:

| Craig Lawson |
|----------------------|
| (District Treasurer) |
| 19 Summit Street |
| Norwich, NY 13815 |

BY March 12, 2009

DISTRICT 7170 ROTARY YOUTH LEADERS CONFERENCE Sunday, June 28 through Thursday July 3, 2009 HARTWICK COLLEGE ONEONTA, NY

For Immediate Release

| For More Information, Contact: | |
|--|---|
| (Name <u>)</u> | _(Phone) |
| The Rotary Club of | today announced the selection of |
| as participants in the Rotary Youth Leadership | Conference to be held this summer. |
| | , local Committee Chairperson, stated that |
| Hartwick College at Oneonta from Sunday, Jur | and seniors who will live, work, study, and play together at ne 28 through Friday, July 3, 2009. Aimed at developing conference will feature speakers and workshops focus- |

ing on decision making, critical thinking, communicating effectively, time management, ethics, career

development, public service, contemporary problems and other challenging issues.

Dear

The Rotary Club of _______ is interested in community leadership, not only for today but for tomorrow as well. The students in your school will, in a very few years, be assuming some of your community's leadership roles. We know you are training them for the task. Rotary would like to help also.

For this reason, the 43 Rotary Clubs in the Southern Tier of New York State will conduct their Twenty Six Annual Youth Leadership Conference at Hartwick College in Oneonta from June 28 through July 3, 2009. It will be staffed by carefully selected counselors and teachers. Our objective is to offer outstanding high school seniors an opportunity to live, work and play together in an atmosphere of friendly competition which will offer a challenge to accept the responsibilities of leadership. Much of each student's time will be structured with programs, such as group discussions, guest speakers, career guidance, group sports, band and chorus. Perhaps the greatest benefit will come from sharing this experience with the approximately 105 other outstanding young men and women selected from area high schools in this Rotary 7170 District.

Our Rotary Club is asking you to nominate young men and young women who have already displayed leadership abilities and who will profit most from this experience. We suggest that they be selected first for leadership potential, second for good citizenship, third for desire to attend the Conference and fourth for scholarship. These characteristics are listed in that order so that latent leaders are not overlooked because of grades. The only other requirement is that they must be students who will enter their senior class in September.

The nominations should be made and the names given to _______, no later than _______. Our Rotary Committee will then conduct interviews and select the conferees. Our interviews must be completed by March 23rd. It is our hope that the selection for the Youth Leadership Conference might become a regular part of your award system and an honor that students can work for and achieve.

Thank you for your assistance in this project for the advancement of youth.

Sincerely yours,

Rotary Club, RLYA Conference Committee Chairperson

GUIDELINES FOR SELECTING YOUR CONFEREES

The school should present your Club's Committee with two or three times the number of qualified candidates you plan to select. Your Committee should then interview and choose the most qualified students to represent that school and your club.

The students your Club selects to be its representatives should be high school students who will enter their senior class in September.

The following considerations are offered as possible criteria to be used in your selection process:

a. Leadership Potential: Those qualities which might make him/her an effective leader.

b. Leadership Experience: Has the student had opportunities to practice leadership skills in real life situations? (Look for officers of school organizations, class officers, athletic team captains and extra curricular leadership experience, Scouts, Church groups, etc.).

c. Academic Ability: Performance academically at school.

d. Extracurricular Activities: Has the candidate been involved in extra curricular activities? Emphasize quality of involvement rather than quantity. Has he/she participated in any community activities? Does he/she have a job after school, evenings or on weekends?

e. Questioning Thought: Does student think about things that he/she reads or hears or does he accept things blindly?

f. Articulation: Is candidate capable of expressing thoughts and feelings accurately, clearly and effectively?

g. Ability to Relate with Peers: How easily does the candidate get along with others?

h. Openness to this Experience: Will candidate be open and adaptive enough to embrace the philosophy of the Conference?

Your Club would be wise to select "alternate candidates" who will be prepared to attend the Conference in the event that any of your primary candidates could not attend. Last minute cancellations and the problems that they cause, could thus be eliminated. They should complete and submit all paperwork as well.

We are looking for interested, sincere, well rounded potential leaders. The selection of good conferees by Rotarians is a critical element in the success of the RYLA Program. Candidates MUST be able to commit to the ENTIRE experience beginning Sunday afternoon, June 28th and concluding Friday evening July 3rd after the final banquet.. Conferees MUST be able to be in attendance all day, every day.

(See Page 12, Interview Rating Chart)

Interview Rating Chart: (Offered as aid to club interviewers)

Scholarships are awarded to students who will be seniors the following September. The young leaders are selected on the basis of leadership, personal values, intelligence and promise of future success. The person selected will represent your Club in a leadership training program with approximately 100-110 other leaders from other high schools. We hope you will select a young man or woman who will contribute to the total program in the following year and will make a positive contribution in school.

Applicants name_____

| Intelligence | Excellent | Above Average | Average |
|-----------------------|-----------|---------------|---------|
| Leadership | | | |
| Industry | | | |
| Citizenship | | | |
| Attitude | | | |
| Appearance | | | |
| Ability to articulate | | | |
| Health | | | |
| Remarks: | | | |
| | | | |
| | | | |
| | | | |
| | | | |

Interviewer:

RYLA Attendee Form

| Club Name |
|---|
| Club Chairperson |
| Phone |
| The following students have been selected to attend RYLA: |
| 1 |
| 2 |
| 3 |
| 4 |
| 5 |
| 6 |
| The following students have been chosen as Alternates: |

| 1 | | | |
|---|--|--|--|
| | | | |
| 2 | | | |

Please send this form to: Julie Lambiaso 5 Walling Blvd Oneonta, NY 13820 Return all forms to: Julie Lambiaso 5 Walling Blvd Oneonta New York 13820

RYLA Application of Selected Conferee

| Male () Female () | | | | | |
|---|--------------------------|--------------------------|--|--|--|
| Name: | | | | | |
| Mailing Address: Email Address: | City: | Zip: | | | |
| Phone # | High School: | Grade: | | | |
| Interests: special talents, hobbies (music, | sports, acting, writing, | signing, debating, etc.) | | | |
| Awards (school, civic): | | | | | |
| Extra-curricular activities (in school and in | community): | | | | |
| Leadership positions (in and out of school) |): | | | | |
| Which musical instrument, if any, do you play? | | | | | |
| If so, would you perform in the conference | band? | | | | |
| Can you bring your instrument to RYLA? | | | | | |
| Are you a trained mediator in your school? |) | | | | |
| Could you help write for or produce the Conference Newspaper? | | | | | |
| Could you help produce the Conference Ye | earbook? | | | | |
| What vocations or professions are you cor | nsidering after school; | | | | |

All Conferees receive a Rotary tee shirt. What size do you wear? () Medium () Large () Extra Large PLEASE FILL OUT, OBTAIN PARENT'S SIGNATURE ON SECOND PAGE OF THIS FORM AND RETURN TO: Julie Lambiaso 5 Walling Blvd Oneonta, NY 13820 BY April 14, 2009

APPLICANT INFORMATION FORM & PROJECT ADVENTURE RELEASE OF LIABILITY FORM

DISCLOSURE

Project Adventure involves a variety of activities that often include warm ups, games, group initiative problems, low ropes course elements, and other rigorous physical adventure activities. (The level of participation in Project Adventure activity is at all times completely up to the individual's choice.) Yet there is a risk, which must be assumed by each participant, that he or she may suffer an emotional or physical injury and disability.

Policy for participation in all Project Adventure activities requires that every participant have health/accident insurance coverage. In addition, certain health/medical information must be made known to the instructor(s) conducting programs, so that they are prepared to respond appropriately if the need arises. This information will be held in confidence. Please complete the form and return it to Julie Lambiaso, RYLA Program Director. 5 Walling Blvd, Oneonta, NY 13820

APPLICANT INFORMATION:

. . .

| 1. Name | | |
|--|-------|--------------------------|
| 2. Do you have health/accident insuran | ce? | Yes No |
| If yes, name of company | | |
| Have you ever had: (please check the a | pprop | priate column: Yes or No |
| Allergies | Yes | No |
| Diabetes | | No |
| Heart Disease | Yes | No |
| Epilepsy | | No |
| Asthma | | No |
| High Blood Pressure | Yes | No |
| Back Problems | | No |
| Dislocations: If yes, describe | Yes | No |
| Do you get cold easily? | | No |
| Do you smoke? | | No |
| Are you pregnant? | Yes | No |

No

Are you currently under doctor's care?...Yes

Are you taking medication (prescribed otherwise; e.g. cold medicine)? What type and what for? (Must fill out pg. 21)

Are you allergic or do you react to any medication? Identify and explain:

Are you allergic to insect bites and stings? If so, do you carry bee sting medication?

Do you have any limiting physical disabilities or handicaps (temporary or permanent) of any kind? Identify and explain:

Release Of Liability:

I understand that parts of the Project Adventure activities may be physically or emotionally demanding. I affirm that my health is good, and that I am not under a physician's care for any undisclosed condition that bears upon my fitness to participate in Project Adventure activities. I understand that each participant must assume the risk of injury that could result from any of these activities. I release Rotary, Hartwick Staff and RYLA staff members from all liability for any injury to me from participation in Project Adventure activities.

| Date: | Applicants Signature | |
|---------------------------------|----------------------|----------------------------|
| | | (if at least 18 years old) |
| | | |
| | | |
| Applicants Address: | | |
| City, Zip Code: | | |
| | | |
| Home Phone Number: | | |
| Business Phone Number: | | |
| | | |
| Parent or Guardians Signature:_ | | |
| | (If under 18 years | old) |

CONFERENCE COMMITMENT FORM

I have been informed by my local Rotary Club that I have been selected to attend the 2009 Twenty Sixth Annual RYLA Conference which will be held beginning on Sunday afternoon, June 28th and will conclude Friday evening, July 3rd after the banquet. By signing this conference commitment form, I am agreeing to attend and participate in all activities sponsored by the RYLA conference. I agree to abide by all rules and regulations as set forth by Hartwick College, Rotary District 7170, and the RYLA conference staff. I also have been informed and understand that I must complete the appropriate paper work and forward it (including this signed form) on to the person my local Rotary Club representative designates by April 14th.

***A physical (it can be a school physical) must have been completed within the last 12 months (June 28th , 2008 - June 28th , 2009), including all necessary updated immunizations (pay careful attention to this on the health form). In addition, the medication sheet,, MUST be filled out and submitted if ANY medications are going to be taken while at the conference. This includes over-thecounter meds such as Tylenol.

VERY IMPORTANT

The conference will run from Sunday, June 28 through Friday July 3 2009. Please be sure that you are able to attend through the banquet Friday evening, July 3. If you do have a commitment that prevents you from attending the entire experience, including the banquet, then please decline your opportunity to attend this conference and notify your local Rotary Club representative immediately so that someone who can attend the entire conference may have the opportunity to attend.

If you have any questions concerning any of the above, please call Julie Lambiaso, RYLA Program Director, immediately at 607 435 2088.

Congratulations on being selected to attend the 27th Annual District 7170 RYLA Conference. We are looking forward to working with you and hope you will enjoy your RYLA experience.

Student Signature

Parent Signature

Date

SUMMER PROGRAM HEALTH FORM CHECKLIST SUMMER 2009 - RYLA

Dear Summer Program Parent,

All parts of pages 19, 20 and 21 must be completed and returned to Julie Lambiaso at 5 Walling Blvd Oneonta, NY 13820 by June 1st:

Page 19 – to be completed by parent or guardian - complete all sections, being sure to sign and date at bottom of form.

Page 20 - UPDATED IMMUNIZATION RECORD

a. 2 MMR dates are mandatory Measles, Mumps, Rubella

 b. If your child is attending programs for 7 nights or more you will be mailed the Meningococcal Meningitis Vaccination Response Forms, pages 4 & 5. THIS FORM MUST BE COMPLETED AND RE-TURNED WITH THE PHYSICAL EXAMINATION FORM.

PHYSICAL EXAM – (within past year) SCHOOL PHYSICAL ACCEPTABLE Performed by physician, physicians assistant, or nurse practitioner

Page 21 – MEDICATION SHEET – must be completed for every camper. NEW YORK STATE DEPARTMENT OF HEALTH LAW now requires that the Health care provider (doctor, purse practitioner, physicians, assistant) must complete the

Health care provider (doctor, nurse practitioner, physicians assistant) must complete the medication sheet for both over-the-counter and prescription medications. Medications will not be dispensed if this form is not completed and signed by parent and health care provider, this includes all over-the-counter medications.

IMPORTANT NOTES

ALL PRESCRIPTION AND OVER-THE-COUNTER MEDICATION TO BE TAKEN BY CAMP PAR-TICIPANT (UNDER 18 YRS. OLD) MUST BE LEFT AND KEPT AT THE PERRELLA WELLNESS CENTER WHERE A SCHEDULE WILL BE SET UP FOR DISPENSING OF THE MEDICATION. All MEDICATIONS MUST BE IN THE PHARMACY BOTTLE OR ORIGINAL STORE CONTAINER WITH PROPER LABELING.

IT IS ADVISED, PRIOR TO MAILING THESE FORMS THAT YOU MAKE A COPY TO HAND CAR-RY TO REGISTRATION. NO CAMPER WILL BE ALLOWED TO STAY WITHOUT COMPLETED HEALTH FORMS.

ANY MEDICAL QUESTIONS PLEASE CALL THE PERRELLA WELLNESS CENTER AT 607-431-4120.

HARTWICK COLLEGE SUMMER PROGRAM 2009 - RYLA HEALTH EXAMINATION FORM Phone: 607-431-4120 Fax: 607-431-4124

| **** RETURN (| COMPLETED FOR | M TO:**** | | | | |
|--------------------------------|---|---------------------------------------|--|--|---|---|
| Julie Lambiaso | | | | | | 7 |
| 607 432-6885 | Oneonta, NY 1382 | 20 | | | | A |
| | completed by pare | nt. | | | | ≤ E |
| FOR: SUMME | R RYLA | | SESSION (S) |) | | NAME: Last |
| Name | | | Birth date | Sex | Age | |
| | First | | | | | |
| Parent/Guardia | an (or Spouse) | | <u> </u> | _Phone (H) | | |
| Home Address | | | | (VV) | | |
| | Street & Numbe | er | City | State | Zip | |
| | in an emergency n | otify: | - | | | |
| 1. | | · · · · · · · · · · · · · · · · · · · | | Phone | | |
| Name | | | | Area C | ode and Number | |
| | Street & Numbe | er | City | State | Zip | |
| Or 2 | | | Phone _ | Area Cada and N | | |
| Name | 2 | | | Area Code and N | umber | |
| | Street & Numbe | er | City | State | Zip | |
| | ISTORY: (circle co | | | | | ۱ <u>ــــــــــــــــــــــــــــــــــــ</u> |
| Drug Depende Rheumatic Fev | ncy, Eczema , Em ver, Jaundice , Kid | otional Probler ney Disease , | a , Bronchitis, Chicken I ns/Counseling , Heart D Scarlet Fever, Seizure I ONS (with dates) | isease,Recurrent Ea Disorder,Pneumonia | Tonsillitis | First |
| | | | LERGIES TO MEDICAT | | | |
| IMPORTANT: prior to camp | | amp if this cam ttendance. | per is exposed to any co | mmunicable disease o | during the three weeks | |
| | | | | | | |
| ADDRESS | | E CO | | ID# | | |
| permission to e cannot be read | engage in all prescr hed in an EMERG | ibed camp acti ENCY, I hereby | ry is correct so far as I kr vities, except as noted by give permission to the h o order injection, anesthe | y the examining physic ealth care provider se | cian and me. In the ev lected by the camp di | vent I rector |
| PARENT SIGN | IATURE: | | | DATE: | | |
| PATIENT NAM | E. | | | | | |
| | LAST | | FIRST | DOB | · · · · · · · · · · · · · · · · · · · | |
| IMMUNIZATIO | NS REQUIRED FC | R REGISTRA | ΓΙΟΝ | | | |
| TETANUS-DIP | HTHERIA TOXOID | (BOOSTER W | /ITHIN 10 YRS.) DATE | | | |
| Hib vaccine | DATES | 1st | 2nd | 3rd | | |
| | | | | | | 10 |

4th _____ OR date of illness _____

19

| Hepatitis | B vaccine | DATES | 1st | | 2nd | | <u></u> | 3rd | |
|----------------------------|--|--|---------------------------------------|---------------------------------|----------------------------|-----------|----------------------|--|------|
| POLIO V | ACCINE (con | nplete series | s of Oral | /Salk) | DATES | | | | |
| | umps, Measle DR | es, Rubella) | (after 1s | t birthday |) DATES | 1st | | 2nd | |
| - | VACCINE | (after 1st bi | rthday) | | | DATE | | | |
| | ES VACCINE A VACCINE (| | | 2 doses m | | | | 2nd | |
| MUMPS MEASLE RUBELLA | TITER (valid o S TITER (valio A TITER (valio | only if lab re d only if lab l only if lab i | port inclu report in report inc | uded) cluded) I cluded) F | RESULT RESULT RESULT | | DATE DATE DATE | | |
| VARICEL | LA VACCINE | DATE | | 0 | OR DATE | OF ILLN | ESS | | |
| TIONER This exar | | be perform | ed within | 12 month | ns of arrival | at camp. | Examina | SICIAN'S ASSIST/NURSE PRA ation for some other purpose wit s activities. | |
| CODE: | - Satis | factory | хI | Not Satisfa | actory (expl | ain) | C | Not Examined | |
| HGT | | WT | | В. | P | | | | |
| E | yes | | | | _ | Lungs | | | |
| G | Blasses | | | | _ | Abdome | n | | |
| E | ars | | | | _ | Hernia _ | | | |
| Ν | lose | | | | - | Extremit | ies | | |
| Т | hroat | | | | - | Posture | (spine) | | |
| Т | eeth | | | | _ | Skin | | | |
| | leart | | | | | | | | |
| Recomme | endations and | l restrictions | s while in | camp: | | | | | |
| Special D |)iet | | | | | | | | |
| Medicatio | ons (identify) _ | | | | | | | | |
| Dispensir | ng protocol | | | | | | | | |
| Can this o | camper partic | ipate in unre | estricted | recreation | nal activity? | | | | |
| lf no, exp | lain: | | | | | | | | |
| Other: | | | | | | | | | |
| | amined the pe able to enga | | | | | | nealth his | tory. It is my opinion that he/sh | e is |
| Telephon | e | | | | Examining I | Physician | /Physicia | n's Assist./Nurse Practitioner | |
| | | | | | 5 | - | | | |

MEDICATION SHEET – Must be completed and signed by Parent & Health Care Provider RYLA-ROTARY YOUTH LEADERSHIP AWARD

ORDERS FOR: Name _____ DOB: _____ Weight _____ Standard Over the Counter Medications (The following medications are available at the College Wellness Center and will be administered at the discretion of an RN or LPN if approval is indicated by the camper's healthcare provider.): Any other over the counter medications the child routinely takes and will be bringing with them must be added to this list. No over-the-counter medications can be dispensed without completion of this form.

| DRUG NAME | ROUTE (PLEASE CIRCLE PRE- FERRED) | DOSAGE | SCHEDULE AND INDICATIONS | CAMPER HEALTHCARE PROVIDER ORDER | COMMENTS |
|---------------|--|--------|--------------------------------|---|----------|
| Ibuprofen | Oral | 200 mg | | yes no | |
| Acetaminophen | Oral | 325 mg | | yes no | |
| Acetaminophen | Chewable | 160 mg | | yes no | |
| | | | | yes no | |
| | | | | yes no | |
| | | | | yes no | |
| | | | | yes no | |

Prescription Medications (Must complete with patient's current regimen for both scheduled and PRN medications use 2nd page if needed)

| DRUG | ROUTE | DOSAGE | SCHEDULE and INDICATIONS | COMMENTS |
|------|-------|--------|--------------------------|----------|
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |

| Both signatures required: | |
|---------------------------------|----------|
| Parent signature | Date |
| Health Care Provider (MD,NP,PA) | |
| Name: | Phone |
| Address: | License# |
| Signature: | Date: |

SAMPLE LETTER TO SELECTED CONFEREE

Dear

Please accept our congratulations on being selected as a participant in the 27th Rotary Youth Leaders Conference! We hope that the time you spend at Hartwick College in Oneonta will help increase your skill as a leader in your school and community; and more importantly, will increase your awareness of the opportunities for leadership in the future.

Our Youth Leaders Conference is an attempt by the Rotary Clubs in Rotary District 7170 to provide exceptional young men and young women with the opportunity to live, work, and play together in an atmosphere of friendly but challenging competition. An opportunity which through activity and inspiration will help them wrestle with contemporary problems and ethical situations and at the same time, increase their capacity for leadership.

As a Conference participant you will find your days and nights filled with a variety of challenging activities all contributing to making you a better leader. Much of your time will be structured with programs such as sports, group discussions, guest speakers, career guidance, band, chorus and news reporting. Perhaps the greatest benefit you will receive, however, will come from the opportunity of sharing this experience with the approximately 100 to 110 other outstanding young men and women selected from high schools throughout Rotary District 7170. The friendships you make may, in many cases, be lasting. The 2009 conference begins Sunday afternoon, June 28th and concludes Friday evening after the banquet, July 3rd. You are expected to be in attendance for the entire conference.

We look forward to sharing an exciting time with you and hope that your Conference experience will be rewarding and an inspiration for the future.

Sincerely yours,

P.S. A list of things to bring with you will be found on the attached information sheet.

INFORMATION FOR SELECTED CONFEREE AT ROTARY YOUTH LEADER'S CONFERENCE

WHEN: From Sunday afternoon, June 28th through Friday evening, July 3rd , 2009. Arrive on Sunday June 28, 2009 from 12:00 p.m. to 2:00 p.m. If this is not possible, please call :

Julie Lambiaso 5 Walling Blvd Oneonta, NY 13820 607 432-6885 WHERE: Hartwick College in Oneonta, NY

PARTICIPANTS: About 105 students entering their senior class in the fall. They are being sponsored by the Rotary Clubs of the Southern Tier of New York State.

1. If you are unable to obtain transportation to and from the conference, please contact your Rotary Club.*

2. Conferees should not bring their automobiles.

3. You will be expected to remain on campus and attend all scheduled activities.

4. Visitors under the age of 21 are not permitted.

5. All your necessary expenses are being paid by your sponsoring Rotary Club; however, you may wish to bring some extra spending money to purchase snacks and soft drinks or items at the book-store.

6. We plan to have instrumental ensembles and a chorus. If you are interested in music, we hope you will share this enjoyment and designate your interest on your application. If you play a musical instrument, please bring it with you. You need not be a member of your school's band or chorus to participate.

7. Your mailing address will be:

(Your Name) Rotary Youth Leaders Conference Office of Special Programs Hartwick College Oneonta, NY 13820

8. In case of an emergency conferees may be contacted through the office of special programs at 607 431 4547 between 9:00 a.m. and 5:00 p.m. and at other times through the college switchboard 607 431 4200.*Transportation to and from the conference should be provided by parents or Rotarian.

You must bring with you: pillows, blankets, sheets or a sleeping bag wash cloth, towels *a bed and mattress is provided for each participant

***It is recommended that you bring with you:

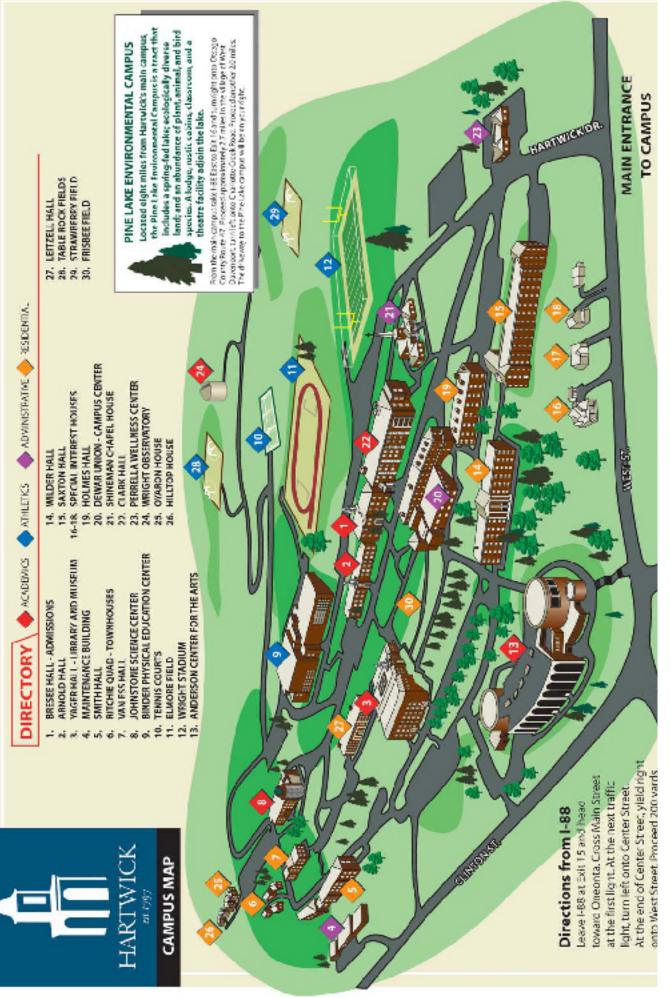
- dress clothes for closing dinner
- toilet articles
- socks and sneakers
- second pair of shoes
- alarm clock and radio
- bathing suit
- softball glove (if you have one)
- musical instrument (if you play)
- flashlight

- spending money (for snacks & bookstore)
- camera (if you wish)
- raincoatshorts
- shortfan
- pens and pencils
- tennis racket and balls (if you play)
- *Note: Each conferee will receive one conference tee shirt

Banquet Reservation Form

The RYLA Committee encourages parents to attend the RYLA Banquet. The \$15.00 per person cost covers dinner as well as the evening's program which was planned by the RYLANs.

| Name: |
|---|
| Phone # |
| Number attending |
| Prepay Check Enclosed |
| Pay at the banquet |
| Student Name: |
| Students attending the conference will have the banquet paid for by RYLA. |
| Return to: Julie Lambiaso 5 Walling Blvd Oneonta New York 13820 |



| TWENT | TWENTY-FOURTH ANNUAL LEADERSHIP CONFERENCE - ROTARY DISTRICT 7170 HARTWICK COLLEGE - ONEONTA, NY | LEADERSHIP CONI | FERENCE - ROTARY | DISTRICT 7170 HA | RTWICK COLLEGE - | ONEONTA, NY |
|-------------|--|------------------------|---|---|-----------------------------------|-------------------------------|
| | | | SAMPLE SCHEDULE | DULE | | |
| | Sunday June 25th | Monday June 26th | Tuesday June 27th | Wednesday June 28th | Thursday June 29th | Friday June 30th |
| 8:00-9:30 | | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| 9:30-10:30 | | Leadership | Business | Managing | STUDENT | STUDENT |
| | | Staff | John MIrabito | Conflict Duke Fisher | GOVERNMENT SYMPOSIUM Pt.1 | GOVERNMENT SYMPOSIUM Pt. 2 |
| 10:30-11:00 | 1 | BREAK | BREAK | BREAK | 10:30BREAK10:45 | BREAK |
| 11:00-12:00 | 12:00 | You, Me and the | Motivation" | Duke Fisher | Values, Ethics in | Career Exploration:A |
| | | Onion" | Tom Morgan | cont. | Leadership" | New Age Approach" |
| | | Diane Munro | | | | |
| 12:15-1:45 | | LUNCH | LUNCH | LUNCH | 12:45 | |
| 2:00-3:00 | REGISTRATION ROOM ASSIGNMENTS | Actions and Words" | Decisions, Decisions Robh & Lee | SMALL | PROJECT ADVENTURE | SMALL |
| | | | | ACTIVITIES | 12:55 - 4:25 | ACTIVITIES |
| 3:00-3:15 | Welcome to | BREAK | BREAK | BREAK | | FREE |
| 3:15-4:15 | RYLA 06 | SMALL | SMALL | PREPARE | SMALL GROUP | TIME |
| | ORIENTATION | GROUP | GROUP | SKITS | ACTIVITIES | 3:15 - 4:00 |
| | | ACTIVITIES | ACTIVITIES | 3:30 - 4:30 | | PACK & CLEAN |
| 4:15-4:30 | Sign-up INT. GRP | BREAK | BREAK | | BREAK | |
| 4:30-5:45 | BAND -org.meet | 4:30-5:45 | | | | HAND |
| | 4:30-5:00 | *Newspaper *Public | *Newspaper *Public Speaking *Computers *Scrapbooking/Yearbook | s *Scrapbooking/Year | | IN |
| | | *Fitness Workout * O | Workout * Outdoor Activities *Photography *Wall Painting | otography *Wall Pain | | KEYS |
| | | DAILY | JUPS**** | | | 4:00 - 4:45 |
| | CHORUS - org.meet | | [Please Refer To Your | Please Refer To Your Daily Schedule for the | e | |
| | 5:00-5:30 | | Meeting Time of the Choral Ensemble, | Meeting Time of the Choral Ensemble, Instrumental Ensemble and Stearing Committeed | laati | |
| 5:45-7:15 | DINNER | DINNER | DINNER | DINNER | DINNER | BE at AGORA 5:00 |
| 7:00-8:45 | SMALL | School Violence | SMALL GROUP | | PUBLIC SPEAK- | 5:30-8:30 |
| | GROUP | Gary Kuch | ACTIVITIES | RYLATHON | DNI | DINNER |
| | ACTIVITIES | 7:15 | 7:15-8:30 | 7:15-9:15 | COMPETITION | AWARDS |
| | | | | | 7:30 - 9:00 | |
| 9:00-10:15 | INTEREST GROUPS | SMALL GROUP | DANCE 9:00-11:00 | RYLA SKITS 9:30-11:00 | Get Ready for Talent Show | |
| | | ACTIVITIES | | | 9:00 -10:00 | |
| 11:00 | FLOOR MEET- INGS | 9:00-10:15 | | | Talent Show (Fach small oroun) | |
| 12:00 | LIGHTS OUT!!! | | | | (dhorg minine man-1) | |

BLOCK SCHEDULE SAMPLE

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